

# Juneau Parent Bulletin

Summer, 2025

## Activities Kids will Love This Summer!

### Outdoor Recycled Easel

Get ready for some creative, eco-friendly fun! This hands-on activity is a great way for kids and parents to spend time together while learning about the importance of recycling and taking care of our planet. By using everyday items that would normally be thrown away, children can explore art in a whole new way—and start meaningful conversations about how we can all help the Earth.

#### Materials

- Large cardboard boxes
- Recyclables with different shapes and textures (e.g. toilet paper rolls, bubble wrap, jar caps, paper or plastic cups, popsicle sticks, egg cartons, wine corks, etc.)
- Hot glue
- Scissors
- Paint and paintbrushes



#### Instructions

1. Save a cardboard box and cut out one of the larger sides to use as a flat surface.
2. Set aside recyclables that look fun to paint or that your little one is drawn to.
3. Glue recyclables onto the cardboard easel and have your little one help determine placement.
4. Let dry and take outside for some fun painting!

Check out additional outdoor recycled easel ideas [here](#)!

## Juneau Public Library

### 2025 Summer Programs & Events

#### Weekly Story Time

*Valley Story Time:* Tuesdays at 11am (Birth - 5)  
*Douglas Story Time:* Tuesdays at 3:30pm (Birth - 5)  
*Summer Make & Take Story Time:* Thursdays at 3pm at Valley Library, from May 29th - July 31st (Ages 5+)



#### Summer Programs

*Family Story Time:* Sat 6/28 Downtown Library at 1pm (All ages)  
*Baby Raven Reads at the Library:* Sat 7/26 Valley Library at 1pm (Birth - 5)  
*Drag Story Time:* Sat 8/9 Valley Library at 2pm (All ages)

#### Summer Special Events

*Rubik's Cube Extravaganza:* Sat 6/7 Douglas Library at 2pm  
*Chess 101 for Kids:* Sat 6/28 Valley Library at 1pm  
*Bike Decorating for the 4th:* Wed 7/2 Douglas Library at 4-6pm  
*Planetarium Star Lab Dome:* Sat 7/12 Valley Library at 12:30pm  
*Game Days at the Library:* Sun 6/29 (Valley), 7/27 (Douglas) at 1-4pm  
*Summer Space for Teens:* Wed (May 28-Aug 13) at Valley Library with Shéiyi Xaait Hit at 11:30am (Ages 13-17)

Check out the library's [Summer Reading Program](#). Register online or at any Juneau library. Read and complete activities for chances to win prizes at the end of the summer.

Contact the [Juneau Public Library](#) at 907-586-5249 at for more information.

## READY, SET, READ! REGISTER FOR THE DOLLY DASH!

Join us for a boot-scootin' good time at  
**The Dolly Dash 1k/5k Family Fun Run**,  
fundraiser for Dolly Parton's Imagination Library, proudly sponsored by SEAAEYC!



DOOR PRIZES and  
an epic 8-prize  
RAFFLE!  
Permit #160005

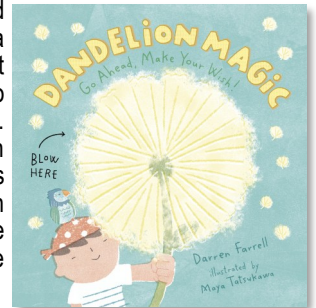


**When:** Saturday, June 14th, 2025  
**Registration Starts:** 9:00am  
**Run Starts:** 10:00am  
**Where:** Airport Dike Trail

**Register now at:**  
[www.raceentry.com](http://www.raceentry.com)

## Imagination Library Books to Love Dandelion Magic

*Dandelion Magic* by Darren Farrell and illustrated by Maya Tatsukawa, is a heartwarming children's picture book that follows a young boy named Jonah who discovers a dandelion and makes a wish. What starts as a simple wish turns into an imaginative and magical adventure as Jonah is sent on a journey filled with surprises. *Dandelion Magic* celebrates the beauty of childhood imagination and the small moments that can lead to big magic.



## Discovery Southeast Registration for 2025-2026 Opens June 18!

Forest Preschool for children ages 3-5  
Tuesdays & Thursdays | 9 AM - 12 PM  
Sessions are seasonal (fall, winter, & spring)

"Our preschool program Haadaa Héeni (Lingít, meaning "water all around us") encourages wonder in the natural world. We follow a Forest Kindergarten model and spend all of our time outside playing, exploring, discovering, and learning together!"

For additional details, visit: [DiscoverySoutheast.org](http://DiscoverySoutheast.org)



Discovery Southeast



**seaaeyc**

Southeast Alaska Association for  
the Education of Young Children



**BEST BEGINNINGS**  
Alaska's Early Childhood Investment



Juneau  
**Partnerships**  
for Families & Children



## STEM (Science, Technology, Engineering, and Mathematics) at the Sea

Summertime...and children are at play at the ocean, sifting through sand, scooping up buckets of water, and chasing the waves. You'd be surprised at how much science and math children are learning as they play!

**Volume:** Infants, toddlers and preschoolers enjoy filling and emptying buckets. They explore how many things their hands, pockets, and shirts can hold. Some children may enjoy filling shells with smaller shells or rocks.

**Physics, architecture, and engineering:** It's fun to stack rocks in tippy piles. When will they fall? Balancing on rocks keeps their feet dry in tide pools. Older children can make amazing forts with driftwood.

**Categorization and sorting:** Infants, toddlers and preschoolers enjoy collecting various items, such as seaweed and shells. Older children can learn the objects' names and make piles of their finds by category, noticing differences and similarities. Lots of lost things can be found at the beach, too.

**Cause and effect and problem solving:** Infants, toddlers and preschoolers discover the sensations of being wet and sandy at the beach, very different from the usual sensations of school and home. They discover that wet sand behaves very different from dry. Older children may research how wet sand needs to be to make a castle stay up and how high a sand wall needs to be to keep the water away.

**Animal behavior:** Did you ever notice how seagulls stay just a few feet ahead of a toddler or preschooler, rarely flying away, but also not permitting the child to get too close? Goose barnacles move when stroked, and anemones close if you feed them a sea snail. Seals bark protectively when you approach their territory. There's a lot for infants, toddlers and preschoolers to observe at the beach (and you can document it too, if you have a camera).

**Mathematics:** Infants may discover one treasure and hold it, while toddlers and preschoolers find many things to count at the sea. There are treasures to tally up, waves to count. Three stick candles on a sand birthday cake means someone is turning 3! And when you eat your snack on the beach, you have no more snack.

**Plant identification:** Toddlers and preschoolers may discover that beach strawberries are edible, poison oak should be avoided, and seaweed grows in the sea! Some may learn that you can eat some kinds of seaweed.

**Geology:** Infants, toddlers and preschoolers may find that beach stones come in many colors. Preschoolers learn that some are special (beach jade and jasper, agates, fossils) and worth collecting and trading.




**Weather observation and astrophysics:** Children learn lessons about these things too: when there is wind, the kite will fly, and when there is not, it will stay down. When it is windy, it is cold, and when it is not, beaches are often hot. The tides go out during part of the day (if children ask you why this happens, it's because the moon isn't pulling the water up onto the land).

**Technology:** Parents can invite children to explore this as well - use maps to get to the beach, books and cell phones to find the names of things, cameras to record adventures, and bring kites to explore the sky.

What a joy to learn as you play beside the sea – happy adventuring!

To read the full article by Julia Luckenbill, visit [NAEYC](http://www.naeyc.org).



Alerts about this bulletin are emailed to families with children enrolled in Dolly Parton's Imagination Library. Find this bulletin and many other family resources at [www.aeyc-sea.org](http://www.aeyc-sea.org). The Juneau Parent Bulletin is created by SEAAEYC in coordination with the Juneau Partnerships for Families and Children. SEAAEYC | 3200 Hospital Dr. Ste. 204, Juneau, AK | 907-789-1235 | [www.aeyc-sea.org](http://www.aeyc-sea.org) | Follow us on:   

## Community Events

### Marie Drake Planetarium - Shows

Join the planetarium for a free show on June 1st at 1:30pm or 2:30pm for Moon Mysteries & Adventures in their 30ft dome. Keep an eye out for additional shows throughout the summer on their [website](http://www.mariedrakeplanetarium.org).

### Shepherd of the Valley Lutheran Church - Free Summer Lunch

Free lunch will be provided to children of all ages from June 2nd - August 1st (Monday-Friday) from 12-1:30pm at 8198 Keegan St. Made possible by Benito and Frances Gaguine Foundation. To register and for more information, please call 907-789-4093 or visit [Sovlutheran.org](http://Sovlutheran.org).

### Juneau Gold Rush Days

Celebrate Alaska's mining and logging industries on June 14th-15th at Savikko Park. Fun music, games, activities, and food for the whole family! For more information visit their [website](http://www.juneaugoldrushdays.com).

## Building Resilience in Children Through Coping Skills

Red Cross has many resources to help support children before, during, and after they experience an emergency. Check out the following resources to help your child and family build resilience and improve their ability to recover after a stressful situation:

- 1) Prepare with Pedro: [Coping Skills Video](#)
- 2) [Things You Can Do to Help!](#)
- 3) Resilience and Coping Skills [Activity Book](#)



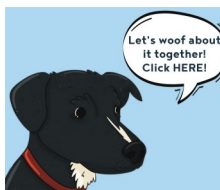
**American Red Cross**

For additional resources, please visit the American Red Cross [website](http://www.redcross.org).

## Bartlett Beginnings Opportunities

Bartlett Beginnings offers a variety of support and play groups for families with children. Please register on Bartlett's [website](http://www.bartletthospital.org) or by contacting Sara Gress at 907-796-8975 or [sgress@bartletthospital.org](mailto:sgress@bartletthospital.org). Visit [Bartlett Baby & Toddler Group Facebook Page](#) for new and upcoming group meetings!

- **Baby Parent Time**  
Every Thursday, 12pm-1:30pm at Bartlett
- **Toddler Play Group**  
Every Monday, 11am-12pm at the Gymnastics Academy
- **Dads & Kiddos Play Group**  
First Saturday of every month 10am-11:30am
- **Pregnancy & Infant Loss Support Group**  
Last Wednesday of every month 6pm-7pm via Zoom
- **"Real Talk" Mothers' Support Group**  
Last Wednesday of every month 7pm-8pm via Zoom
- **Balanced Beginnings**  
Every Tuesday, 12pm-1pm via Zoom
- **Healthy Pregnancy Seminar**  
June 2nd, July 7th, & August 4th, 6pm-7pm at Bartlett
- **Dads and Partners**  
July 23rd, 6pm-8pm at Bartlett
- **Childbirth Preparation Weekend Intensive**  
July 26th-27th, 9am-12pm at Bartlett
- **Infant Massage (4-Week Series)**  
August 5th-26th 11am-12pm at AEYC



## Questions for Clem by NAMI

Questions for Clem is a "Dear Abby" style mental health column for parents/guardians and youth (5-18 years) in Juneau and throughout Southeast, AK. Talking about mental health can be challenging, but Clem is all ears and wagging tail. She's here for you to seek anonymous advice on any concerns you might have. No question is too big or too small.