



Southeast Alaska Association for the Education of Young Children

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www.aeyc-sea.org

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United Way of Southeast Alaska  
Partner Agency

Co-Sponsors:

Alaska Mental Health Trust, Juneau Youth Services, and thread

# ARRR!

## Attachment, Responsive Relationships, Resilience

March 15-17, 2018  
Centennial Hall | Juneau, Alaska



JSPC Preconference Thursday,  
March 15, 2018  
AEYC / JSPC Conference  
Friday & Saturday,  
March 16-17, 2018  
[www.aeyc-sea.org](http://www.aeyc-sea.org)  
[www.rsvpbook.com/resilience2018](http://www.rsvpbook.com/resilience2018)



## Schedule

Thursday, March 15th

12:30-5:00 pm **Lighting the Way to Resilience**  
Preconference Day

Training hours: 4

Friday, March 16th

7:30-8:30 am Registration, light breakfast, coffee time

8:30-10:00 am Welcome and Keynote by Josh Arvidson

10:15 -11:45 am Session I Workshops

11:45 am-1:15 pm Lunch

1:15-2:45 pm Session II Workshops

3:00-4:30 pm Session III Workshops

Training hours: 6

Saturday, March 17th

8:00-8:30 am Registration and coffee time

8:30-9:45 am Keynote by Linda Chamberlain:  
Brain Based Strategies to promote  
resilience, self-regulation, and healing

10:00-11:30 am Session I Workshops

11:30-1:00 pm Lunch: Professional Recognition Celebration

1:00-2:30 pm Session II Workshops

2:45-4:15 pm Session III Workshops

4:30-5:00 pm Closing Session

Training hours: 7.5

## Special Events



### Preconference Day Lighting the Way to Resilience

March 15<sup>th</sup> 12:30-5:00 pm  
Centennial Hall

Sponsored by Juneau Suicide Prevention  
Coalition, funding from the Alaska Division of  
Behavioral Health

The Juneau Suicide Prevention Coalition's (JSPC) preconference will build on our two previous community education conferences (2015 & 2016) with a focus on Adverse Childhood Experiences and its link to suicide. In this year's conference, we hope to activate the community, increase our sense of connectedness, and provide tangible action steps. Join us on Thursday at the preconference to start Lighting the Way to Resilience!

### Mindfulness Film Festival

Thursday evening 7-8:30 pm  
Friday evening 7-8:30 pm  
Centennial Hall

Come relax and enjoy film shorts on mindfulness, empathy, kindness, and resilience, and discuss with table groups. Light refreshments provided. Open to the community and free with canned or non-perishable food donation for the SE Alaska Food Bank.

Counts toward CDA  
and UAF credit



## Guest Speakers



**Joshua Arvidson**, MSS., LCSW is the Director of the Alaska Child Trauma Center and Early Childhood Services at Anchorage Community Mental Health Services (ACMHS) and Principal Investigator for the Military Family Child Trauma Program at ACMHS. The Alaska Child Trauma Center at ACMHS is a SAMHSA-funded National Child Traumatic Stress Network site. Joshua has 17 years of clinical experience and has conducted research on complex trauma treatment and developmental trauma. Joshua serves on the Editorial Review Board for the Journal of Child and Adolescent Trauma and has published work on complex trauma, complex trauma treatment, and child maltreatment. Joshua also serves on the Steering Committee for the National Child Traumatic Stress Network. Joshua was born and raised in Chugiak, Alaska. After graduate training he returned to Alaska and now lives three houses down from his childhood home.



**Faith Eidson**, LMSW, IMH-E, serves as Quality Assurance Coordinator and Instructor with the Alliance for the Advancement of Infant Mental Health, Southgate, MI. Ms Eidson also serves as a facilitator and consultant to the Reflective Practice group in Juneau, supported by the Juneau Youth Services Early Childhood Mental Health Consultation Project. This group is working toward national endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health (IMH-E). The Endorsement is one of the first and most comprehensive efforts in the country to identify best practice competencies at multiple levels and across disciplines and to offer a pathway for professional development in the infant, early childhood and family field.



**Linda Chamberlain**, PhD, specializes in childhood exposure to violence and brain development and is the founding director of the Alaska Family Violence Prevention Project, and an internationally renowned keynote speaker. Dr. Chamberlain is known for her ability to translate science into practical information with diverse audiences. Her passionate belief that everyone can make a difference conveys a message of hope and opportunity. Dr. Chamberlain holds faculty appointments at the University of Alaska and Johns Hopkins University. She earned her public health degree from Yale School of Medicine and her doctorate from Johns Hopkins. Dr. Chamberlain has been published extensively. She lives on a rural homestead outside of Homer, Alaska with her husband and dog team.

## Conference Information

### Lodging

Conference rates are available at the **Prospector Hotel** for **\$139** a night, includes a breakfast coupon. Call (907) 586-6900 or register online: <https://prospectorhotel.com>. Enter Group Code **AEYC**. This deal ends on **2/22/2018** so book your room today! There is no airport transportation provided, so look for early childhood friends at baggage claim and share a cab or uber!

### Travel Reimbursement\*

Travel Reimbursements are available through **thread** to reimburse 100% of airfare and lodging costs up to \$1000 annually. Applications must be submitted at least 21 days prior to travel using actual or estimated expense costs.

### Registration and Tuition Reimbursement\*

Reimbursement for conference registration fees and UAF credit tuition are available through the **thread** Professional Development Reimbursement (PDR). The PDR reimburses 75% of the cost of registration and 100% of the cost of college tuition up to \$1,500 annually. Applications must be submitted within 60 days of event completion.

\*Applications are available at [www.threadalaska.org](http://www.threadalaska.org) or [www.rsvpbook.com/resilience2018](http://www.rsvpbook.com/resilience2018). Applicants must be working in a licensed child care facility and have an active SEED membership to qualify. Please review applications for eligibility criteria and submission requirements. Reimbursements are available on a first come, first serve basis.

**Alaska Airlines offers a 30% discount for constituents traveling to Juneau. Check your January mileage statement for your e-certificate code, or call 1-800-654-5669. Payments must be made online to receive the discount.**

### Scholarships

Limited scholarships are available. Call AEYC, 789-1235 for more information.

### University & CDA Credit

If you are interested in earning 1 UAF university credit or CDA credit you must attend the full 2 day conference. Interested parties must register and pick up a packet at the **thread** table next to registration on Friday, March 16th, by 8:30am. Cost of the college credit is \$75 at the 193 or 593 levels. Questions? Call Linda at 789-1235.

### Cancellations & Refunds

Please let us know before the conference if you have to cancel. There is a \$25 processing fee for cancellations.

*No refunds will be issued with out prior notification.*

## Conference Registration

AEYC is pleased to partner with the Juneau Suicide Prevention Coalition to focus on resilience across the life cycle, and bring participants together across generations. JSPC is sponsoring the Thursday preconference. AEYC and JSPC are co sponsoring Friday conference and the film festivals, and AEYC is sponsoring Saturday.

Thanks to this partnership this year's conference is offered at the reduced NAEYC membership rate for all participants.

**Please register and pay online at [www.rsvpbook.com/resilience2018](http://www.rsvpbook.com/resilience2018).** If you have any difficulty with the registration process please call AEYC, 789-1235.

### CONFERENCE RATES

# Thursday Preconference Only	\$25
# One Day Only, Friday OR Saturday <i>Lunch and Pre-Conference included</i>	\$90
# Full Conference, Friday & Saturday <i>Lunch and Pre-Conference Included</i>	\$175