

The Child Care Food Program

OVERVIEW

This family day care home is a participant in the Child and Adult Care Food Program (CACFP). The CACFP is funded and administered at the Federal level by the Food and Nutrition service (FNS), an agency of the U.S. Department of Agriculture (USDA). Alaska's program is administered by the Alaska Department of Education and Early Development.

The CACFP provides Federal funds to nonresidential child and adult care facilities, emergency shelters, eligible after school programs and family child care providers who serve nutritious meals and snacks.

Proper nutrition is important to good health and also an important part of a good child care program. Children need well-balanced meals in order to meet their daily energy needs and to help them build strong bodies and minds.

Through the CACFP, you can be assured that your child is getting balanced, nutritious meals. As participants in the CACFP, child care homes & centers may be reimbursed for up to two meals and one snack that follow USDA meal patterns a day to each child. All of the meals must follow patterns set by the USDA.

MEAL PATTERNS

There are two groups of meal patterns. The Children's Meal Pattern is for children over one year of age. The Infant Meal Pattern is for children from birth to 12 months. Foods in the Infant Meal Pattern vary according to the infant's age. USDA now recommends that half your plate is fruits and vegetables.

For more info visit ChooseMyPlate.gov.

Children's Meal Pattern

Ages 1-12 years		
Breakfast	Snack	Lunch or Supper
1%/skim Milk	1%/skim Milk (2x a week)	1%/skim Milk
100% Fruit Juice, Fruit, and/or vegetable	100% Fruit Juice (2x a week), Fruit, and/or vegetable	Two fruit, and/or vegetable servings
Whole-Grains, Bread or Enriched Grains	Whole-Grains, Bread or Enriched Grains	Whole-Grains, Bread or Enriched Grains
	Meat or Meat Alternate	Meat or Meat Alternate

Infant Meal Pattern

Birth-3 Months		
Breakfast	Snack	Lunch or Supper
Iron-Fortified Formula or Breast Milk	Iron-Fortified Formula or Breast Milk	Iron-Fortified Formula or Breast Milk
4 Months - 7 Months		
Breakfast	Snack	Lunch or Supper
Iron-Fortified Formula or Breast Milk	Iron-Fortified Formula or Breast Milk	Iron-Fortified Formula or Breast Milk
Iron-Fortified Infant Cereal (when ready)		Iron-Fortified Infant Cereal (when ready)
		Fruit and/or Vegetable (when ready)
8 Months - 11 months		
Breakfast	Snack	Lunch or Supper
Iron-Fortified Formula or Breast Milk	Iron-Fortified Formula or Breast Milk or 100% Fruit Juice	Iron-Fortified Formula or Breast Milk
Iron-Fortified Infant Cereal	Whole Grains, Bread or Crackers (when ready)	Iron-Fortified Infant Cereal and/or meat/meat alternate
Fruit and/or Vegetable		Fruit and/or Vegetable





The CACFP provides financial assistance to public and private nonprofit organizations providing licensed or approved nonresidential day care services throughout the United States.

Organizations participating in the CACFP include, but are not limited to, child care centers, child care homes, and institutions providing child care services for children with disabilities.

Family child care providers may access the CACFP through a local sponsoring organization. Sponsoring organizations can operate the CACFP in family child care homes, child care centers and before and after school programs.

Child care homes must participate under a sponsoring organization; they cannot enter the CACFP directly. Centers can operate in the program either independently or under the auspices of a sponsoring organization. The sponsoring organization must accept final administrative and financial responsibility for homes under its auspices. Please contact AEYC Child Care Food Program anytime if you have questions or concerns regarding menus, meals, nutrition or questions about your provider.

In the State of Alaska, the CACFP is administered by:

State of Alaska
Dept. of Education & Early Development
Child Nutrition Services
801 West 10th Street
P.O. Box 110500
Juneau, AK 99811-0500
Phone: 907-465-8711

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AEYC

Association for the Education of Young Children-Southeast Alaska

Child Care Food Program (CCFP)

Parent Information



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www.aeyc-sea.org

